

THREE OUT OF FOUR PEOPLE WHO USE HEROIN **STARTED BY MISUSING PRESCRIPTION** PAINKILLERS.

PHYSICAL SIGNS OF OPIOID (OR NARCOTIC) PAINKILLER MISUSE MAY INCLUDE:

- Noticeable elation/euphoria
- Marked sedation/drowsiness
- Confusion
- Constricted pupils
- Slowed breathing
- Intermittent nodding off or loss of consciousness
- Constipation

Other signs may include:

- Shifting or dramatically changing moods
- Social withdrawal/isolation
- Consistently late for work or an increase in absences
- Loss of control over medication use
- Building tolerance and steadily needing more of the drug to feel its effects
- Taking medication for other reasons besides pain, such as when depressed
- Taking medication that was prescribed for another person

If you are concerned, GET HELP! Visit DoseOfReality.Texas.gov



DOSE OF REALITY
PREVENT PRESCRIPTION PAINKILLER MISUSE IN TEXAS.

Learn more at:

DoseOfReality.Texas.gov

A message from Office of the Texas Attorney General, Texas Health and Human Services, and the Texas Department of State Health Services.



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